Research Article

Isabel Vale*, Ana Barbosa, Ana Peixoto, Fátima Fernandes Solving Authentic Problems through Engineering Design

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Abstract: The importance of STEAM education in preparing students to deal with societal challenges is nowadays an international recommendation. We may find different perspectives concerning STEAM education and the integration of its disciplines. A possible pathway to achieve a balanced integration is through Engineering Design (ED), starting from problems of reality that enable the articulated mobilization of concepts from various disciplinary areas, promoting interdisciplinary where teamwork and context play a fundamental role. This article reports a study with primary preservice teachers (6-12 years old) that aims to analyze the learning displayed and the difficulties underlying the usage of ED in solving STEAM problems. The participants were 45 preservice teachers. We adopted a qualitative methodology, and data were collected through observation, documents, artifacts, and photos. The preliminary results show a very positive reaction of the participants to the experience of solving real context problems collaboratively and mobilizing mathematical and physical science concepts in an integrated way. We identified active engagement, persistence, and motivation in the creation of a model that fulfilled the requested conditions. Difficulties were evidenced in the identification of some concepts and the

Ana Barbosa: Instituto Politécnico de Viana do Castelo, 4900-347 Viana do Castelo, Portugal & CIEC, Instituto de Educação, Universidade do Minho, 4704-553 Braga, Portugal, mobilization of adequate scientific language in the argumentation of decisions.

Keywords: STEAM education, engineering design, elementary teacher education, didactics of mathematics, authentic problems

1 Introduction

The world is constantly changing and demanding new and complex challenges. Therefore, there is a growing emphasis on encouraging creative thinking in education, innovating pedagogies, and developing connections among subjects. In this scenario, there has been great emphasis on the integration that STEAM education can provide and how its disciplines should be articulated, which is still an open discussion (English & King, 2015, 2019). One way for this integration could be using authentic problems solved through an Engineering Design (ED) process that involves students in active learning (e.g., Edwards, 2015; Edwards, Kemp, & Page, 2014; Vale & Barbosa, 2020). This means that students must be involved in meaningful learning through the implementation of individual and collaborative experiences that promote the development of internationally recommended skills like being creative, thinking critically, solving problems and making decisions, communicating, and collaborating - skills known as the 4Cs (NCTM, 2014; Schleicher, 2016; WEF, 2016).

As a result, the STEAM approach arises in the context of active learning, allowing connections to be created, where the use of challenging problems in authentic contexts that appeal to multiple approaches and/or solutions promotes the 4C's skills, which are often lacking in more traditional classes. In this setting, engineering-based tasks' solutions provide a rich source of meaningful situations that capitalize on and extend students' learning, where ED serves as a rich source of attracting authentic contexts that draw on school mathematics, science, and technology. By integrating these tasks into the curricula, students have the opportunity to see the usefulness of what they learn in

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school about mathematics and science, when solving problems in the world outside of school.

Taking the previous ideas into consideration, in this article we report an ongoing study with primary preservice teachers (6–12 years old) in which we sought to understand and characterize the learning and reactions underlying the use of ED in solving authentic problems in a STEAM context. In particular, we are interested in the performance of these future teachers, along with a learning experience, based on solving an authentic problem, following the ED cycle, and identifying the main difficulties and the main contents mobilized in the process.

2 Theoretical Framework

The next two sections frame our study from a theoretical point of view. We briefly describe the need for active learning and an interdisciplinary approach through the STEAM perspective, focusing on the engineering approach.

2.1 Active Learning in Mathematics Classes

There are significant societal and economic changes and challenges that are being faced across the world as a result of the rapid level of technological innovation, a development that is altering the economic and social support of our lives. These changes have had a significant impact on the labor market and education. Students can no longer face this new world through instructions focused only on routine skills, ideas, and procedures. Much of the failure in school mathematics have their origin in the affective environment and the degree of challenge created in the classroom. The classroom practices under a traditional approach are yet grounded on memory and repetition, where mathematics is dealt with as a collection of isolated topics based on techniques and formulas to be memorized and practiced. This perspective can seriously compromise students' initial expectations and motivations in relation to the curricular contents, their beliefs about mathematics as a subject, and their beliefs about themselves in relation to mathematics (e.g., Diego-Mantecón, Arcera, Blanco, & Lavicza, 2019; Diego-Mantecón, Ortiz-Laso, & Blanco, 2022; Hannula, 2001), so we have to propose an environment that reverses this situation. We need an exploratory classroom where we use an inquiry-based learning approach, a term that refers to classroom practices in which students understand, pose questions, explore, and discuss (Maass, Doorman, Jonker,

& Wijers, 2019). This type of classroom is focused on learning; students learn by doing, understanding, analyzing, and discussing multiple approaches when solving a task. The role of the teacher is more demanding, and the instructional strategies and tasks selected are fundamental to achieving that initial goal. In this context, active learning arises, generally defined as an instructional method that involves students in the learning process (e.g., Edwards et al., 2014; Edwards, 2015; Prince, 2004). Active learning has its roots in socio-constructivist learning theory and advocates a classroom practice that engages students in activities such as talking, listening, reading, writing, discussing, and reflecting on content through problem-solving in small groups, simulations, or other activities. It requires the engagement of students in meaningful activities, through which they are constantly challenged to think about what they are doing. The focus is entirely on the students and the activity developed, as opposed to the more traditional approach in which they are limited to passively accessing the information transmitted by the teacher. For this, it is necessary that they solve meaningful tasks. The learning of mathematics must include diversified tasks that go beyond routine tasks, focusing particularly on problem-solving. It is sought that students internalize a set of strategies that allow them to expand their repertoire and become increasingly competent in mathematics "with" the approach to problem-solving (Barbosa & Vale, 2018; Liljedahl, 2016). Tasks with multiple solutions and involving authentic problems in real contexts should be privileged.

Active learning is grounded in an inquiry-based learning approach and includes the learners' engagement through three dimensions: intellectual, social, and physical. The intellectual or cognitive dimension is related to problem-solving tasks in which students must explain and justify their reasoning. These tasks should also trigger social and physical activity to promote active learning. That is, intellectual engagement may not be enough, and learning needs a social component in which students confront ideas, allowing them to work collaboratively as a significant aspect of classrooms, where the role of communication and mathematical discussion stands out. This type of collaboration facilitates the sharing and development of mathematical meanings, and it is up to the teacher to foster a sense of community so that students feel safe and confident to take risks and express their ideas, either between peers or with the teacher (Barbosa & Vale, 2018; Edwards et al., 2014; Vale & Barbosa, 2021). The physical dimension is related to movement. Learning requires movement because an active body stimulates the brain, making students more engaged and attentive, improving comprehension and memorization, which contributes to a better performance (Hannaford, 2005). Students, especially the youngest, need to be physically active in the classroom, and this can be solved with the use of instructional active strategies such as hands-on projects, lab experiments, manipulatives, building models, math trails, or gallery walks, which also facilitate interactions. At the same time, these instructional strategies can serve to promote connections between contents, subjects, and representations (e.g., Barbosa & Vale, 2018; Hannaford, 2005; Vale & Barbosa, 2021).

2.2 From STEAM Education to ED

Another aspect that contributes to the failure and lack of motivation from students toward school and certain subjects is related to the approach of isolated themes/ contents, without articulation, whether intra- or intersubject. An idea or concept is better comprehended if one understands how it relates to or connects with other ideas or concepts that are already known (Hiebert et al., 1997); thus, interdisciplinarity and collaborative practices play a fundamental role in giving meaning to what students learn. Traditional classes have been changing their practices to more active ones, where the STEAM (Science, Technology, Engineering, Arts, and Mathematics) approach emerges in the context of active learning. STEAM education should involve not only teaching these core subjects and contents in isolation but also an interdisciplinary approach, building on content knowledge developed within and across these disciplines.

STEAM education may be guided by the adoption of different models: the approach of each area in isolation; STEAM as a discipline; STEAM approach through mathematics; STEAM approach through science; STEAM through ED. Knowing the schools' reality and the organization of curricula, it is considered that the approach through a classic subject of the curriculum is easier to implement by teachers in either primary education or upper levels. Because mathematics and science are traditional subjects of the school curriculum, it is natural that teachers find it easier to use STEAM education with one of these subjects as a starting point rather than embarking on a STEAM program per se, as STEAM does not exist in the curricular matrix in many countries. An issue of great concern for many countries across Europe is the students' poor achievement in math and sciences, particularly in problem-solving and inquiry tasks, which may be an obstacle to making certain career choices, directly related to those

subjects, for instance, an engineering profession. These results can, in many cases, be related to the use of routine tasks, frequently deprived of meaning. In particular, in mathematics education, we have to be aware of this situation and adopt a mathematical practice that contemplates integration and interdisciplinarity (e.g., Sriraman & Freiman, 2009). We endorse the ideas of Martín-Páez, Aguilera, Perales-Palacios, and Vílchez-González (2019), who advocate for STEAM learning as the integration of conceptual, procedural, and attitudinal contents through a group of STEM skills for the application of ideas or the solving of interdisciplinary problems in real contexts. In this perspective, we advocate STEAM education as a teaching approach in which students build and demonstrate understanding and/or knowledge through engagement in an ED process in which science, technology, engineering, arts, and mathematics work together.

We consider that ED is an approach that promotes a bridge between math and science concepts, as well as arts, starting from problems from the real world that foster creativity, collaboration, decision-making, critical thinking, communication, and reasoning and promoting a natural STEAM integration. There are several frameworks for ED, but it is consensual that it is a cyclic process, composed of steps, leading to the achievement of a certain objective. The adapted ED cycle (Figure 1) from several authors (Cunningham & Hester, 2007; Design Squad Global, 2019; English & King, 2015) is thus composed of seven steps, namely: problem (define the problem/identify the constraints); imagine (brainstorm ideas/ look for possible solutions/choose the best one); design (plan the solution/draw a sketch); (re)build (follow the plan and create and construct the idea); (re)test and eval*uate* (test and evaluate the idea/the prototype); *redesign* (discuss what works/what does not work/improve/modify your design to make it better/test it once more); and solution (share and communicate the solution/results/ obtained product).



Figure 1: The ED cycle (adapted from Cunningham & Hester, 2007).

An integrated STEAM instruction grounded in ED uses the practices of engineering as the context and/or an intentional component of the content to be learned, acting as an "integrator" that brings together different parts in a way that requires them to work together as a whole (Bryan, Moore, Johnson, & Roehrig, 2015). The implementation of ED requires the use of real-life problems, which many authors call authentic tasks. Authentic tasks employ realistic data, providing rich information about the situation described, and can be solved through different ways and could have different kinds of solutions. They always ask for the application of specific knowledge appropriate to the situation and specific skills in accordance with real-life challenges (Kramarski & Mevarech, 2014). Teachers are the key for this change to occur, so we believe that they need to develop their abilities, through training, to make a difference in the future with their own students. Furthermore, throughout ED, students must manage risk and uncertainty while solving the given problem, considering their prior experiences and learning from failure (e.g., Bryan et al., 2015), adjusting their reasoning and actions. In this context, it is essential to use alternative learning and teaching strategies that can awaken students to learn mathematics from a STEAM perspective through mathematical connections with real life and other disciplines, in particular focusing on ED through a problem-solving approach using authentic tasks (e.g., Diego-Mantecón et al., 2019). Since this is an innovative and recent approach in mathematics classes of all levels of schooling, mainly in elementary schools, we have to introduce these experiences in preservice teachertraining programs.

3 Methodology

This article describes a study that aims to understand and characterize the learning and reactions of future primary school teachers (6–12 years old) while solving and authentic problem in a STEAM context using ED. We also intended to identify the main difficulties and contents mobilized in the process. To conduct this research, we followed an exploratory qualitative and interpretative approach methodology (e.g., Creswell, 2009; Erickson, 1986; Miles & Huberman, 1994), because our aim is to understand the perspective and reactions of the participants to a particular situation, and not much is known about the situation that we want to examine.

The participants were 45 future teachers enrolled in an undergraduate course in primary education who

attended a curricular unit of integrated mathematics, in the scope of didactics of mathematics. The majority of these future teachers (75%) were not interested in math, seeing it as a subject that they had to attend during their teacher training course to obtain their professional certificate, because the majority wants to work in the early ages of primary education, thinking they will only need to know the mathematics they will teach. In this sense, this curricular unit aims to give a different view of mathematics to captivate these students to learn mathematics themselves, so that they can teach it to their future pupils (e.g., Diego-Mantecón et al., 2019). We proposed innovative and active approaches (e.g., Math Trails with and without technology, Gallery Walk, Paper folding) as an alternative to the more traditional practices they contacted during their compulsory schooling. Hence, the work that was developed during the semester, before this didactical experience, focused on fundamental transversal skills, like the 4Cs, and taking into consideration the principles of active learning. It included teaching modules about problem-solving and problem-posing, creativity, reasoning, communication, and mathematical connections (e.g., within mathematics, with other disciplines, and with everyday life). This didactical experience happened during the module about problem-solving. This didactical experience happened during the module about problem-solving and encompassed the previously mentioned ideas by demanding the construction of a new product, a paper table, following the principles of ED. At first, participants did not see the connection with all they had done before, mainly to mathematics. We began with an introductory framework about the main ideas of STEAM education, presenting the ED cycle (Figure 1) as a process that can improve the problem-solving skills of these future teachers/students. In this context, we proposed an authentic problem, the Paper Table Problem (Figure 2).

The experience was implemented during two classes in a total of 4 h, where the participants worked in groups of 3 or 4 elements. To solve the problem, we provided some materials: one cardboard sheet; eight publicity leaflets; one masking tape; one heavy book; one white sheet of paper (A2), and drawing supplies. They did not have

Build a table strong enough to support a heavy book. The table top should be A4 format and the table legs will be made of paper and should have approximately 20 cm long.





access to more materials, even if they needed them. There were some instructions to follow, namely using the ED process cycle (Figure 1) during the construction of the table. Students had access to some questions that could be asked at each of the different steps of the ED process cycle, adapted to the table problem, to aid them to get a prototype. It was intended that the students share their results as a group, so after the table construction, they had to create a poster, accompanied by the prototype, explaining all the work developed to reach the solution, characterizing each phase of the ED cycle, including their difficulties, and identifying the main concepts, ideas, and procedures of mathematics and physics, and work with their peers.

Data were collected in a holistic, descriptive, and interpretative manner during the classes of those preservice teachers, using several sources of data collection: participant observation; observational notes of the future teachers' conversations, reactions, and interactions; documents, namely individual records and the group poster with the synthesis of the ED cycle and comments; artifacts (prototype of the table); and photos. To analyze the data, we used a qualitative and inductive approach, repeated to content analysis (Miles & Huberman, 1994), relying on written productions, artifacts, observations made, and field notes. We used an interactive process of analysis of data grounded not only in the collected data but also in the research problem and the theoretical framework, which we organized according to the following dimensions: (1) participants' performance during the resolution of the table problem, the use of the ED cycle, and the construction of the poster; (2) STEAM contents identified by the participants, according to the subjects of the STEAM anagram; and (3) participants' reactions during the didactical experience, focusing in particular on affective and behavioral features related to the table construction and the use of the ED cycle.

4 Results and Discussion

As we mentioned earlier, to achieve the solution to the problem, the participants had to follow the ED cycle, and they could only construct the prototype after making a sketch of the table, which they decided to do within the group.

Figure 3 shows images of the work developed by the students during the implementation of the first three steps of the ED cycle. All the students reacted to the challenge with some doubts at the beginning of the process because they had never solved a task of this nature and had some resistance to use the different steps of the ED cycle. After overcoming some of the initial difficulties, they began to identify the type of table they could construct.

The discussions focused on which shape to use for the table legs, mainly identifying some properties of the figures and shapes that could be stronger. The drawing of the table model revealed itself to be of great difficulty for almost all the students. In Figure 4, we can see that the first two images show the sketches of the two groups that drew 2D models, because they could not do it in 3D (images from the poster).

In the first image, it is difficult to identify what type of structure was proposed for the support of the tabletop. The second shows a top view of three 2D drawings, where we can clearly identify the position of the table legs. However, they reinforced their ideas by putting into words what each drawing meant (a table with eight cylindrical legs, a table with six cylindrical legs, and a table to be tested). The last two images show 3D drawings, where the first sketch did not clearly illustrate how the arrangement of the legs would be, but in the last one, we can understand the structure of the table clearly.

After deciding what kind of table the participants wanted to build, they began to look for the paper that



Figure 3: Students' work through the steps 1-2-3 of ED.



Figure 4: 2D-3D sketches.



Figure 5: Students' work through steps 4-5-6 of ED.

would be used in the construction of the table's legs. They made many attempts – some rolled the paper to make tubes (cylinders); other groups opted to construct solids, mainly prisms; they used tape to tie the paper and confirmed the length of the legs. Then, after getting these elements ready, the groups began to use them as isolated legs or joined some of them to obtain some structures to support the top of the table. After this work through the 4-5-6 steps, they tested the resistance of the table using the book's weight (or even more books) (Figure 5).

In some cases, on the first try, the table stood for some seconds but fell down when they put the book on it. These students had to revise the chosen model, the way they rolled the paper to get the tubes, or the way they connected the elements; others got a solid prototype table at the first attempt. This was the most difficult part of the construction for many groups. The use of tape allowed them to overcome some difficulties and strengthen the table legs. One group that used the legs in the shape of a triangle Indian tent, when testing the table with the book, concluded that the legs began to tilt and twist. The solution to overcome this fragility of the table legs was to triangulate the table legs because one of the students said: "I remember, from math, that the triangle is the more rigid shape" (Figure 6).

Most of the students made their structures stronger using their intuition, daily know-how, or trial-and-error strategy. They could not properly explain how certain concepts or principles strengthen the table, although everyone managed to build a table. All participants arrived at step 7, where Figure 7 shows some of the participants' prototypes of the table.

Nevertheless, the participants were able to be successful and construct a table. Then, they began to create their poster, following the given previous instructions. In this step, they discussed: how to organize the information through the poster; then they had to revisit the ED cycle, thinking back on the work developed to describe their thoughts and processes in each of the ED steps. With the prototype in front of them, they began to look for the ideas, concepts, and procedures they used in the scope of mathematics and physics. They had some aesthetic concerns with the poster constructions, already shown during the construction of the table model, some more than others. To finalize the poster, they also had to describe their reactions to this experience.



Figure 6: Improvement of the stability of the table.



Figure 7: Table prototypes through step 7 of ED.

We can see some of the posters in Figure 8.

Our main preliminary results can be synthesized into the following ideas. These future teachers valued the experience because they had the opportunity to solve an authentic problem, which they had not yet done, in a collaborative way. They already had the opportunity to mobilize mathematical concepts mainly related to geometry (e.g., prisms, pyramids, cubes, angles, measurement, and symmetry) and physics contents (centers of mass and forces) in an integrated way. They exhibited great engagement, showing persistence and motivation in solving the problem, through many discussions, trials, and errors, but all were able to create a model according to the requested conditions. They mentioned that the model helped them think through the problem and execute their idea (model), although there were steps that they did not distinguish. They had attention to aesthetic features, not only in the preparation of the poster but also in the construction of the table prototype. Finally, they said that it was an experience they would like to repeat during their training and also use with their own pupils in the future.

However, some difficulties were identified by them and detected by us, namely: in drawing the sketch (3D);

in the identification of some mathematical concepts; in the identification of some concepts of physics (one of the aspects observed was that, despite not verbalizing the physics and mathematical concepts, during the manipulation of the materials, it was concluded that these concepts were present in the way they built and in the way they positioned the book to test the table's stability to support the book); in the mobilization of adequate scientific language in the reasoning underlying their decisions; in precisely justifying the need to improve the design/execution plan of the model; in the use/interpretation of the ED model. Most students did not follow the cycle in the presented order, starting with the manipulation of materials and then going back to contextualize the problem. Concluding, we did not expect that the preservice teachers had such narrow concepts of the sciences, much of them common sense, so these findings highlight the need for further scaffolding to prompt participants to use both sound scientific and mathematical knowledge. This is an important aspect to consider in the sense that they need to be aware of the content knowledge underlying the work with STEAM-related real problems or situations, building their confidence to work with their future students.



Figure 8: Some of the posters.

5 Conclusions

This experience gave an opportunity to these students, future teachers, to solve a real-life problem with simple materials, such as a sheet of paper. At the same time, it favored the integration of some disciplinary areas such as mathematics, science, and art, as well as the fundamentals of engineering, occasionally resorting to technology (Bryan et al., 2015; Cunningham & Hester, 2007; Diego-Mantecón et al., 2019, 2022; Martín-Páez et al., 2019). Science, particularly physics, contributed to justify the balance and resistance of the table and the materials used. The technology was used spontaneously in the exploration phase during brainstorming. Engineering contributed through its design model to address the problem. The arts contributed to the aesthetics/design of the prototype and the elaboration of the poster mathematics contributed to solving the task, allowing us, e.g., to use problem-solving strategies and to understand the effect of using some geometric concepts (shapes and the idea of symmetry, measurements, and weight).

The implementation of the paper table problem evidenced that these future teachers were able to follow the ED cycle, imagining, designing, (re)building, and (re) testing. Some tried to skip the sketches due to their difficulties in representing 3D shapes or due to their immediate need to experiment with the materials. This experience, a challenge for these future teachers, increased their interest in mathematics and let them recognize that engineering has many ties to mathematics, in particular with problemsolving, that they study and use in class. However, there are some aspects to improve, like refining the materials used and proposing tasks where technology has more expression. Also, we need to have more studies that give us insights into the interdisciplinarity and discover a more predominant role of mathematics in these tasks/projects (e.g., Diego-Mantecón et al., 2019, 2022). We were able to identify potentialities in the use of ED to solve this type of problems, like the positive engagement with the task and the possibility to establish connections between mathematics and physics, two subjects that students consider to be difficult. But we also recognize that it will be challenging for educators to look for tasks that are suitable for the elementary school level since we had some difficulties in finding adequate problems/projects for these school levels.

To conclude, these students, future teachers, said that they would like to have the opportunity to repeat this experience with other problems, so it will be a practice to implement this discipline in future courses. Thus, teacher education programs should include innovative experiences that stimulate preservice teachers' knowledge, particularly solving the same tasks and using the same teaching and learning principles that they are expected to use with their own future students (e.g., Cooney & Krainer, 1996; Sullivan, Clarke, & Clarke, 2013; Vale & Barbosa, 2021; Vale, Pimentel, & Barbosa, 2018).

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9